

## SUPERVISING TRAUMA-FOCUSSED CBT FOR CYP WITH PTSD AND COMPLEX PTSD

10th December 2025

10am – 4pm

£225

Online

Facilitated by Dr Jessica Richardson and  
Dr Zoe Maiden

### About the Training:

- For CBT trained supervisors who want to update their knowledge and skills to better support supervisees implement TF-CBT
- Hear about the latest research updates for PTSD and Complex PTSD
- Engage in the 'Stabilisation' Debate and discover our new STARTT Model for helping supervisees decide when it is 'safe enough' for memory work
- Top tips for helping supervisees overcome common obstacles and complexities in treatment

Please note that treatment techniques are not taught on the supervision day event; please see our 3 day-event

### To book your place:

Eventbrite: <https://www.eventbrite.co.uk/e/supervising-trauma-focused-cbt-for-cyp-with-ptsd-and-complex-ptsd-tickets-1463892835879?aff=oddtcreator>

Or for your NHS trust to arrange payment, please email us at  
[tad\\_training@slam.nhs.uk](mailto:tad_training@slam.nhs.uk)



### About Our Team

- We are a National and Specialist CAMHS team who provide assessment and treatment for children and young people with severe and complex emotional difficulties.
- We are nationally and internationally renowned for our clinical work, teaching and research.
- We pride ourselves on offering interactive, engaging teaching and have trained hundreds of therapists.