

# UNDERSTANDING TRAUMA AND PREPARING YOUNG PEOPLE FOR TRAUMA TREATMENT



2nd July 2025  
10am - 4pm



£100 + Booking Fee



Online



Facilitated by Dr Jessica Richardson and Dr Sarah Miles



## About the Training:

- For professionals working with children and young people who have experienced trauma and/or have a PTSD diagnosis, but are not able to provide an evidence-based treatment (e.g. Trauma-Focused CBT/EMDR)
- Hear about the latest research updates for PTSD and Complex PTSD
- Learn how to assess and screen for PTSD/Complex PTSD
- Stabilisation debate; when is it 'safe enough' for young people to start trauma work?
- Learn practical skills to help prepare young people for trauma treatment

*Please note that treatment techniques are not taught on the one day event; please see our 3 day-event for treatment techniques*

## About Our Team

- We are a National and Specialist CAMHS team who provide assessment and treatment for children and young people with severe and complex emotional difficulties.
- We are nationally and internationally renowned for our clinical work, teaching and research.
- We pride ourselves on offering interactive, engaging teaching and have trained hundreds of therapists.

**To find out more and  
book your place:**

Eventbrite: <https://www.eventbrite.co.uk/e/understanding-trauma-and-preparing-young-people-for-trauma-treatment-tickets-1280863710839?aff=oddttdcreator>

Questions: e-mail [tad\\_training@slam.nhs.uk](mailto:tad_training@slam.nhs.uk)